

# Parenting Matters Foundation 2010 Update



Helping Parents Do an Excellent Job as Their Child's First Teacher  
[www.parentingmatters.org](http://www.parentingmatters.org) and [www.firstteacher.org](http://www.firstteacher.org)

August 2010  
360-681-2250, 866-943-KIDS



## FIRST TEACHER IS 20 YEARS OLD THIS YEAR

### We Need Everyone's Help to Keep It Going

We all benefit when families raise healthy, happy kids. It won't be long before the toddlers of today will be in charge. We want them to be ready to take over.

Readiness to run the world begins with babies. It begins with playing fairly, sharing, learning, and caring. All of this is taught in the early years of a child's life. The child who hasn't learned these things early in his life comes to school behind. Unfortunately, when children enter school behind, it is frequently where they stay.

Help us help parents raise our future citizens. Giving help to parents in the early years of a child's life is no one group's responsibility. The schools help after the child enters kindergarten but not always before. We need community people to help us provide the support that young families need. Actually, we need your help.

Parenting Matters Foundation now has been in existence for 20 years. But in no other time have we needed help from the community like we do now. Please send your contribution to us today.



**J**oin us for our annual fund raiser, Saturday, October 9 for Parenting Matters Foundation. We have a special evening planned at the Sequim Boys and Girls Club with appetizers, wine, beer, and a fantastic auction. You will have a chance to hear from Vaughnetta Barton from the Foundation for Early Learning. This annual event is our primary means of raising a portion of our funds for our First Teacher Toolkits, Developmental Cards, and the First Teacher room. Help us help our young families.

Visit [www.parentingmatters.org/Events.htm](http://www.parentingmatters.org/Events.htm) for more information. Invitations will be mailed in the near future.

## A Way to Support Families

Most of our funding to produce the newsletters and keep the First Teacher room open in the past has come from school districts; that is no longer the case. With the state and federal cutbacks to schools, we now must rely on individual contributions and grants to do classes, translations, newsletters and to maintain The Children's and Family Parks at the Sequim Community School. For these vast projects, we come to you asking for your support. Once again we ask you to please consider donating to Parenting Matters Foundation and becoming a program sponsor. We really need your help.

**Donations are helpful, appreciated,  
and of course, tax deductible.  
Your help through your contribution to PMF  
really makes a difference.**

## Investing in Early Childhood Saves Money

Recent figures showing the amount of money saved by investing in Early Childhood programs has increased. **NEW RESEARCH OVER A LONGER TIME PERIOD SHOWS THAT EVERY DOLLAR INVESTED IN WELL-DESIGNED PROGRAMS RESULTS IN FROM \$2 TO \$17 BENEFITS RETURNED TO SOCIETY.**

While the greatest savings is for the most disadvantaged, even the more advantaged children benefit. Savings includes fewer children in special education, higher graduation rates, lower unemployment, higher wages and skills, and fewer arrests.

Even Nobel Prize winner James Heckman has turned his focus to early education. His focus stresses the importance of the family in encouraging motivation, persistence and self-control. These characteristics are developed before the child enters kindergarten.

Karoly, L., Kilburn, M. R., & Cannon, J., *Early Childhood Interventions: Proven Results, Future Promise*, The RAND Corporation, 2005. Heckman, J. and Masterov, D., *The Productivity Argument for Investing in Young Children*, 2004; *The High/Scope Perry Preschool Study Through Age 40*, 2004; <http://www.rand.org/news/press.06/01.12.>, [www.ncsl.org/](http://www.ncsl.org/).



## A Gift That Keeps On Giving?

For \$20 for one year or \$35 for two years, you can give a subscription to First Teacher. Twelve newsletters and 2 - 5 developmental cards will arrive over the year. Hints on health, discipline, activities, reading, and preparing preschoolers for school all help new and even old parents. Just go to [www.parentingmatters.org/subscribe.htm](http://www.parentingmatters.org/subscribe.htm). It really is a gift that keeps on giving every month.



*“Experts tell us that 90% of all brain development occurs by the age of five. If we don't begin thinking about education in the early years, our children are at risk of falling behind by the time they start kindergarten.”*

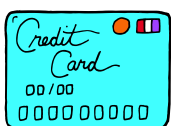
-Robert L. Ehrlich

“Virtually every issue that we deal with, be it education, be it human services, gang problems or drugs, we find **STRONG FAMILIES** the ultimate solution.”

-Van Goethe

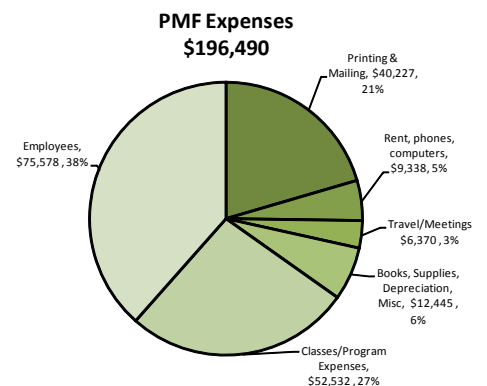
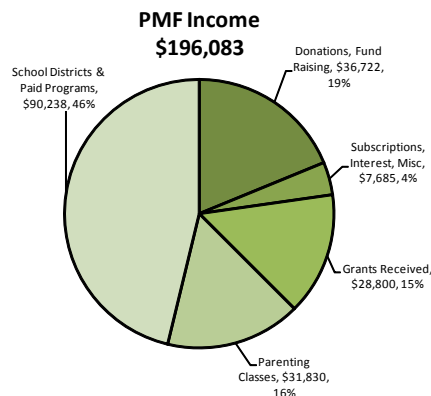
**P**arenting Matters Foundation is now accepting donations through Paypal. Visit [www.parentingmatters.org/HelpPMF.htm](http://www.parentingmatters.org/HelpPMF.htm)

for more information or to donate.



## 2009 PMF Financial Summary

We want you to see where our funding comes from and where it goes. We think it will convince you that we are being careful with our money.



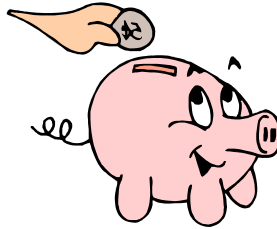
## Lacey Rotary Club supports Kindergarten Newsletters

Last year the Lacey Rotary Club in the North Thurston School District decided to see how parents and teachers liked having the Kindergarten Parenting Matters distributed at one school.

They liked it.

This year they are going to pay to distribute the newsletters to all their 12 Elementary School Kindergarten classes.

**Good job, Rotarians.**



## Costs to Run First Teacher

We are very proud of how we have been able to keep the cost of running this program to a reasonable level. This is due in a significant way to the help of volunteers and through the generous donations we have received from individuals and from organizations. It costs \$35 per family for First Teacher. This includes 12 monthly newsletters and from 2 to 5 developmental cards a year.

When you contribute \$100, it pays for almost three families to receive this material. When you contribute \$500, it pays for 14 families, and when you contribute \$5,000, it pays for 143 families. When you contribute \$80, it pays to keep the First Teacher room open for one day or when you pay \$50 it keeps the First Teacher room supplied with paper, coffee, cups, cream, and sugar for one month.

It's not a great deal and it is the lifeline for parents who come for a little rest and for some help.

## NEWSLETTERS IN SPANISH TOO

An increasing number of families in Clallam County speak Spanish. PMF has tried to serve these families to help their children be ready for kindergarten and to be ready for life. We try to provide parenting classes regularly in Spanish as well as English. We also translate our material into Spanish but also give families the material in English; in this way we are trying to help families who are transitioning into reading and speaking English.



**THANK YOU SO MUCH!**

## Grants Major Funding Source

In addition to a major grant from the Benjamin N. Phillips Memorial Fund of the Seattle Foundation, we have been delighted with the response from many other sources. This past year, we have received grants from the Clallam Community Network, CMASA (Community Mobilization Against Substance Abuse), City of Port Angeles, Clallam County Tobacco Prevention and Control, Clallam County Local Government Initiative Funds, Sequim Community Foundation, The Soroptimist International of the Olympic Rain Forest, Soroptimists of Sequim, Qwest Foundation, Clallam County First Book, Foundation for Early Learning and Pacific Northwest Booksellers Association.

## Vista Volunteer Joins First Teacher

With funding from a grant from Thrive by Five to encourage early literacy, Chase Hill has joined our staff. He is currently staffing the First Teacher room and working on a special project to encourage more interactive reading between parents and children. This project will involve about 900 families in Clallam County. Each family will receive information on this newly researched method and two children's books.

## FIRST TEACHER RECEIVES HEALTH HERO AWARD

First Teacher was honored by Clallam County Health and Human Services for providing helpful information to parents about children's health issues.



## PMF Hosts Blockfest

Once again, Blockfest came to Clallam County and PMF hosted sessions for families with children from 8 months to 8 years of age. This program from the University of Idaho has been shown to improve math and science skills. The families who brought their

children had very positive responses to the program. It is one more way that PMF has improved the learning skills of families.

## PMF Board Members

Our board is a very dedicated board who donate considerable time to PMF. We thank them but never enough.

**Ken Anderson**

**DeWayne Boyd**

**Elizabeth Chambers**

**Bertie Conrad**

**Vicky Murray**

**Roger Presley**

**Don Wilkin**

# A Group That Deserves Thanks

Like most organizations, input from individuals and businesses is critical to the success of PMF. The list below shows the names of most of our January 1, 2009-July 1, 2010 donors and volunteers who have made our program such a success. When you see them in the community, thank them.

They have really been there for us. Our deep felt thanks go out to each of them.

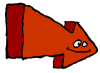
We apologize if we have left anyone off this list, please contact us so we can correct our error.



## Mt. St. Helens

**\$25,000 and up**

Benjamin N. Phillips  
Memorial Fund



## Mt. Adams

**\$5,000 and \$24,999**

Helen Dawley  
Cynthia & David Martin  
Sequim & Port Angeles  
School Districts  
United Way of Clallam County



## Mt. Baker

**\$1,000-\$4,999**

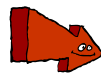
Albert Haller Foundation  
Bea & Jim Grow, Brisk Printing  
City of Port Angeles  
Clallam County Local Government  
Initiative Funds  
Foundation for Early Learning  
Laugh Pack Clowns  
Jodi & Taylor Olson  
Qwest Foundation  
JoAnne & Jim Roberts  
Steve & Kim Rosales  
Sherry & Walt Schubert  
Sequim Community Foundation  
Soroptimist International of  
Sequim  
Soroptimist International of the  
Olympic Rain Forest



## Mt. Olympus

**\$500-\$999**

Anonymous  
Blake Sand & Gravel Inc.  
Patsene & Michael Dashiell  
Tom & Jan Hartig  
Marti McAllister-Wolf,  
Pacific Mist Books  
Caroline Stuckey & Rick Stoddard,  
Olympic Mailing Services  
Sun Bonnet Sue's Quilting Club  
Shirley & Dick Sutterlin



## Hurricane Ridge

**\$100-499**

Michele & Nathan Adkisson  
Linda & Ken Anderson  
Jay Bryan, Anytime Fitness  
Pam Arnott  
Joy Beaver  
Dede & Jason Bessey  
Jill Blake  
Pamela Schneider, Bondeson  
Building Design  
DeWayne & Betty Boyd  
Monique & Dave Brasher  
Florence & Michael Bucierka  
Stevan & Alida Calvillo, Calvillo &  
Meyer, LLP  
Bertie Conrad & Nick McConaughy  
Chris & Claire Cornell, Olympic  
Gentle Paws  
Donna & Scott Culver  
Susan Baritelle, Dungeness Kids  
Company  
Dr. Carmen Czachor, Family  
Veterinary Clinic  
Katie & Mark Gilles, Gilles  
Construction  
Kristin & Mike Glenn  
Colleen & Scott Harker  
Megan & Brian Hughes, DDS  
Mrs. Evalyn & Capt. Ernest  
Humphrey Ret.  
Lorraine Lovejoy Evans,  
Independence Through Physical  
Therapy  
Irwin Dental Center  
Elna & Ray Kawal  
Kiwanis Club of Sequim-Dungeness  
Maria Kuntz  
George & Annette Lindamood  
Christine & Eric MacDougall-  
Danielson  
Katrina Martin  
Lynn & Mike McAleer  
Barbara & John Meier  
Cindy & Scott Moore  
Beth Barrett, Morning Star  
Photography  
Jody Moss & Gary Kriedberg  
Georgia Nickerson  
Nippon Paper Industries, USA  
Billy & Mary Nagler, Oak Table Café  
Nicki & Dwayne Padgett

Judith Palumbo-Gates & Robert  
Gates  
Roger Presley  
Dr. Jane & James Pryne  
Kathleen Prince, Quiet Waters Spa  
Karla & Allan Richardson,  
Dungeness Seaworks  
Rotary Club of Sequim  
Ruddell Auto Mall  
Cathy & Bob Sampson  
Bonnie Schmidt, Music Together  
Shaine & Ryan Schramling  
Sequim Community Church  
Betsy & Henry Smith  
Natalie Spiegel  
George & Jean Stratton  
Kathy Strozyk  
Kate & Chuck Sullivan  
Patty & Robert Sullivan  
Kathleen & Mike Swirski  
Carlyn Syvanen & Steve Vause  
Steve Tharinger & Yvonne Yokota  
Judy Tozzer  
Kathy & Dale Withey



## Individual Contributors

(In-Kind Donor, Auction Donors,  
Volunteers or  
Monetary Donors up to \$100)  
Nancy Adams, Family Planning of  
Clallam County  
Jessica & James Alcaraz  
Jessica Schuenemann,  
Alderwood Bistro  
Racheal & Corey Alton  
Amelia Andaleon & Thad Ferre  
Janet Anderson Community Action  
Applebee's Sequim  
Kristen & Gary Baker  
Sarah & Bruce Bedinger  
Bell Street Bakery  
Bill & Lorna Bentley  
Cynthia & Craig Berne  
Cherry & Jim Bibler  
Blackball Transport/Coho Ferry  
Karen & Lee Boorman  
Patra Boots  
Bosun's Locker  
Kali Bradford  
Nicole & Kevin Brewer

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 Collette Cavaleri, Peninsula College  
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 Yvette & Jay Cline  
 Eula Cook  
 Randi & Steve Corcoran  
 Dionne King, Costco Wholesale  
 Marketing Department  
 Jodie & John Coulson  
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 In Memory of Helen Dawley (3)  
 Sharon Delabarre  
 Grant Dennis  
 Rose Dixon  
 Dr. Lillia Dodd  
 Jill & Bill Dole  
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 Sarah McCarthey, Dungeness Valley  
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 Ellen Fetchiet & Bill Marsh  
 Marnie & Steve Fiamengo  
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 Foxlee  
 Sandee Freeman  
 Ginny & Al Friess  
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 Donna Gearns  
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 Beth Glick  
 Arturo Flores, Graysmarsh Farm  
 Governor Christine Gregoire  
 Patty Grenquist  
 Elaine Grinnell  
 Tina Gruendell, The Learning Tree  
 Darinda Hagstrom  
 Camille & Randy Hall  
 Annette Hanson  
 Jean Eilman, Happy Tymer Clowns  
 Randi Corcoran, Harbinger Winery  
 Allison & Doug Hastings  
 Jill Hay

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 Bev Horan  
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 Janice & Don Jenkins  
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 Pam & Gene Moore  
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 Marci Newlon  
 Betty & Dick Newlon  
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 Carol & Ignacio Pacheco  
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 Kimberly Bergstrom, Partylite  
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 Vickie Oen, Purple Haze Lavender  
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 Gloria Ricketts  
 Ray Robinson  
 Colleen & Craig Robinson  
 Miranda & Joel Rosenauer, Sequim  
 Community Church  
 Jim & Ruth Rosenburgh  
 Martha Rudersdorf, Sequim

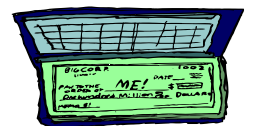
Marimba Band  
 Ann & David Salmon  
 Bill Sanders & Margo Donze Sanders  
 Darlene Schanfeld  
 Suzi Schmidt  
 Kathy & Rod Schock  
 Wendy & Joe Schroeder  
 Lawrence Bingham, Sequim Fire  
 Department  
 Corky Shadler  
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 Nancy & Bill Shaw  
 Olivia Shea  
 Joan Hathaway-Sheldon & John  
 Sheldon  
 Sandi & Tom Shields  
 Karen Sisk & Monte Sula  
 Elizabeth & Kjell Skov  
 Gary & Janice Smith  
 Dr. Judd, Sorensen Chiropractic  
 Ann Soule & Dave Shreffler  
 Mark & Sandy Stahl  
 Phyllis & Ron Stecker  
 Leilani & Mark Sundt  
 Patti Swingle, Sequim Library  
 Dave Toman, Yeti Flutes  
 Shirley Toso  
 Norma & Eugene Turner  
 Jeff Upchurch, Sequim Fire  
 Department  
 Jennifer & Kevin Van De Wege  
 Carol & Aubrey Verstegen  
 Julie & Craig Vig  
 Arie & Loretta Vlaardingerbrook  
 Carol & Craig Wagner  
 Pam & Don Walker  
 Don & Julie Wilkin  
 John & Nancy Woolley  
 Cindy Yager

## OUR WISH LIST

Your contribution really makes  
 a difference for families.  
 Parents tell us on our evaluations  
 that our program really helps them.

It costs \$70,945 to develop, print  
 and mail First Teacher  
 newsletters each year to over  
 2200 families in Clallam County.  
 Parents say it is worth it.

Help us help families?  
 It makes a  
 difference  
 for our  
 children.





## First Teacher Room

This past year, the First Teacher room had over 550 visits each month. This is our biggest year ever even though we cut back our hours to save money. Parents come for Reading Times where people from the community volunteer (sheriff, superintendent, community members) to come in and read with the children; then each child receives a book. We have activities such as the Winter Celebration that draws close to 200 people. Santa and the Snowman gave a book to each child. Each week we have an activity for parents and children such as Gentle Paws or a speaker to discuss topics such as early literacy, kindergarten readiness, discipline, developmental milestones or dental care. Parents have reported that First Teacher is one of the reasons they moved to Sequim.

Visit [www.firstteacher.org/calendar.htm](http://www.firstteacher.org/calendar.htm) for more information.



## United Way Campaign Begins Next Month

As a United Way of Clallam County

Partner Agency, Parenting Matters Foundation would encourage you to give to United Way. This year, the needs in our community are greater than ever. Many non-profits are struggling because of the current economic crisis. You are free to designate any agency you choose as the recipient of your contribution.



## Parenting Matters

### Foundation Staff

Shaine Schramling  
Tessa Kirner  
Patsene Dashiell  
Fanny Marchevsky  
David Martin

Cynthia Martin  
Jennifer Taulbee  
Darinda Hagstrom  
Candice Watson  
Chase Hill

**A** dedicated staff makes a huge difference in our program. Our staff really believes in the importance of what we are doing. That's special.

In addition to the many donations, over 4,400 hours of volunteer time has been donated.



### Important Fact!

First Teacher newsletters are mailed free each month to 78% of the families with children not yet in kindergarten in Clallam County.

Return Service Requested

Sequim, WA 98382-5021

Post Office Box 3323

Foundation

Parenting Matters



Non-Profit Organization  
U.S. Postage Paid  
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